

Hospital go-bag

Pack it now and keep it by the door or in the car. Tick each item when it's in the bag. Swap in a fresh summary every time a medicine changes.

Bag is kept

- ☐ One-page summary (printed, current)
- ☐ Current medicines list or the pill bottles
- ☐ Insurance and health cards
- ☐ Photo ID
- ☐ Copy of the advance directive / DNR form
- ☐ Copy of the proxy / power of attorney papers
- ☐ Glasses and case
- ☐ Hearing aids, spare batteries, charger
- ☐ Dentures and case

Last checked

- ☐ Phone and charger (long cable)
- ☐ Their own pillow or blanket
- ☐ Comfortable clothes, slippers with grip
- ☐ Toiletries, lip balm, lotion
- ☐ Incontinence supplies if used
- ☐ Snacks and water for you
- ☐ Notebook and pen for what doctors say
- ☐ Names and numbers of their doctors
- ☐ Something familiar (photo, music, headphones)

Also bring (your own list)